

Forgiveness, Apology and Reconciliation

The Practice of Living and Dying

with Meredith Little and Team

*If only there were evil people somewhere else insidiously committing evil deeds,
and it were simply necessary to separate them from the rest of us and destroy them.*

But the line dividing good and evil cuts through the heart of every human being.

And who is willing to destroy a piece of his own heart?

— Alexander Solzhenitsyn

Friday evening 24. - Wednesday 29. noon August 2018
Seminarhaus die Lichtung, Rastenberg, Österreich

Imagine you live in a community that has its own “Death Lodge,” a place where a dying person can rest and receive the visitors who come to say goodbye. This is the natural place of “making it good” with your people so you can cleanly move on, and they can let you go in the fullness of completion. An old hospice teaching says that to complete a relationship five things must be said: “I forgive you”; “you forgive me”; “thank you”; “I love you”; and “goodbye.” This is the sacred work of the Death Lodge.

One of the great challenges we all face in life is to do this work now, when it is most needed, rather than waiting until the last days of our dying. Call this the work of “the Life Lodge.” If we don’t step into this lodge, if we don’t keep our relationships current, we risk being weighed down by a lifetime of woundings, angers, and regrets that make it more difficult to surrender to our death, or to the fullness of our life. For most people, the hardest part of Life Lodge work or Death Lodge work is the giving and receiving of forgiveness and apology. Too often we become stuck in the mire of too much memory, or we hide from ourselves in the secret of trying to forget. But by steering clear of the Life Lodge, we risk turning into yet another cycle of anger, vengeance and victimization.

In this gathering we will explore together what the four shields of the Life Lodge (or Death Lodge) have to teach us about restoring a personal and communal balance that embraces the wounds of the past. Where is it that we are likely to get stuck in the turning of this wheel? And when might we forgive too soon, or apologize too shallowly? Jewels to be found in these lodges are godlike qualities: mercy, compassion, essential self-respect, and maybe even the grace to forgive the “unforgivable.” If you listen, today more than ever, you can hear a cry for this kind of healing—be it in the lives of individual friends, or in the biggest stories of our time. That cry is calling for each of us to do the wrenching work of self-reflection and personal healing, which evokes the deeper levels of our humanity, offering the possibility of a reconciliation with self and others that is sacred, humbling, and ultimately life-changing.

Die Seminarsprache ist Englisch.

Meredith Little

and her husband, Steven Foster, co-founded Rites of Passage Inc. in 1977 and The School of Lost Borders in 1981 – pioneering the methods and dynamics of modern pan-cultural passage rites in the wilderness, and “field therapy”. The essence of their work is captured in articles, chapters, an award-winning documentary film, and books that include: The Book of the Vision Quest, The Roaring of the Sacred River, The Four Shields: The Initiatory Seasons of Human Nature, and Lost Borders: Coming of Age in the Wilderness. Since Steven’s death in 2003, she continues both nationally and internationally to guide and train others in this work.

With "The Practice of Living and Dying" she hopes to crack open the taboos surrounding Death, and help restore dying to its natural place in the cycles of living.

DAS BEGLEITENDE TEAM

Franz P. Redl, Claudia R. Pichl, Susann Belz, Sylvia Koch-Weser, Andreas Vierling und Christian Kirchmair

Seminargebühr:

CHF 560,00 oder € 485,00

Ort:

Seminarhaus Die Lichtung, A- 3532 Rastenberg 2, seminar@die-lichtung.at

Unterbringung/ Verpflegung:

€ 68,00 bis € 89, pro Tag

Das Übernachten auf dem Gelände des Seminarbetriebs in Zelten oder Wohnmobilen ist nicht gestattet.

Zeiten:

Freitag Abend 18.00 Uhr bis Mittwoch 13.00 Uhr

Für weitere Informationen und Anmeldung:

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Reservation:

Erfolgt durch Anzahlung von CHF 200,00 oder € 150,00

Erst nach eingegangener Anzahlung ist der Kursplatz gesichert. Max 30 Teilnehmende.

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Annulation:

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